

C1 - Test Prep - Check-off Sheet

When you complete one of the steps below, have an instructor or clinician date and initial it.

RIDING TEST EXPECTATIONS: Candidate should ride with confidence and control on the flat and over fences, demonstrating a basic, balanced position and use of natural aids.

The rider should begin to initiate free forward movement, and begin to establish a light feel of pony's mouth.

Riding on the Flat

Date/Initials

Ride on flat using Riding Test Expectations

Demonstrate emergency dismount at the trot

_____/____

Demonstrate mount's warm-up routine for everyday work to include warm-up exercises

_____/____

Perform suppling exercises for rider without stirrups at walk and sitting trot

_____/____

Demonstrate aids for moving mount away from leg at halt (sideways)

_____/____

Demonstrate long rein, loose rein, and light contact at walk

_____/____

Ride at walk, trot and canter, with smooth transitions, performing circles and figure 8's at each gait

_____/____

Discuss performance with Examiner, including whether or not pony was moving freely forward

_____/____

Describe 3 artificial aids and their uses

_____/____

Perform emergency dismount at trot

_____/____

Riding over Fences

Ride over fences using Riding Test Expectations

Perform simple gymnastic exercises for rider over trotting poles followed by small jump (2'-3")

_____/____

Ride over small grid (three fences, not to exceed 2'-3")

_____/____

Ride over jumping course of 6-8 obstacles; include a two-stride combination; obstacles not to exceed 2'-9"

____/____

Discuss performance with Examiner, including steadiness of pace and ways ride could be improved

____/____

Riding in the open

Ride safely with control in a group, on a suitable mount, at the walk, trot and canter

____/____

C-1 speed should not exceed 325 meters per minute to 350 meters per minute

____/____

Discuss and/ or demonstrate, if time available, riding over varied terrain, including hills, ditches, low banks, flat open area and streams

____/____

Ride over several cross-country obstacles, not to exceed 2'-9" in height

____/____

Discuss performance with Examiner giving reasons for any disobedience

____/____

HORSE MANAGEMENT EXPECTATIONS

The candidate should show a developing awareness of cause and effect in the care of own mount. He/she should be familiar with local common horse terms. Assistance is recommended in the demonstration of bandaging

Turn Out / Tack

Attire to be correctly formal or informal or as designated by the DC

____/____

Mount to be well groomed, reflecting regular care

____/____

Tack to be safe, clean and well adjusted, reflecting regular care

____/____

Conditioning

Discuss what is meant by conditioning and how to condition for a particular Pony Club activity of your choice

____/____

Nutrition

Describe how feeds are measured and weighed _____ / _____

Know amount and type of feed for own mount _____ / _____

Describe characteristics of good and bad feed, watering and pasture _____ / _____

Stable Management

Discuss types of bedding appropriate to area _____ / _____

Discuss types and causes of stable vices _____ / _____

Describe and give reasons for three types of clipping _____ / _____

Be able to put a blanket on mount safely _____ / _____

Describe conditions that foster internal and external parasites, procedure for parasite control in pasture and stall management, ways to control flies and bot eggs _____ / _____

Pony Parts, Conformation & Lameness

Identify good and bad points of basic leg conformation _____ / _____

Describe five common unsoundnesses as to location and outward appearance _____ / _____

Travel Safety

Discuss basic equipment needed for mount's safety and comfort during trailer travel _____ / _____

Know trailer safety checklist _____ / _____

Record Book

The C-1 is expected to keep a careful Record Book of all immunizations, veterinary visits, farrier visits, etc. The book MUST be brought to the test for review and critique. Must have records for at least 6 months. Records should reflect depth of knowledge for this level

Health Care & Veterinary Knowledge

Describe how to treat minor wounds _____ / _____

Discuss: Regular worming control for own mount; how and why to de-worm new horses in barn _____ / _____

Know health care schedule for own mount to including dates of inoculations (tetanus, encephalomyelitis, etc.), de-worming, floating of teeth, shoeing _____ / _____

Introduction to Horse Sports

Name all horse sports offered in USPC _____ / _____

Teaching

Under direct supervision of Examiner perform and explain reasons for a safety and tack inspection for a D Pony Club member _____ / _____

Longeing

Discuss reasons for longeing _____ / _____

Discuss equipment necessary and safety procedures _____ / _____

Foot and shoeing

Discuss the five steps in shoeing _____ / _____

Recognize farrier tools and know their use _____ / _____

Bandaging

Be able to apply a shipping bandage with assistance _____ / _____