

C2 - Test Prep - Check-off Sheet

When you complete one of the steps below, have an instructor or clinician date and initial it.

RIDING TEST EXPECTATIONS: Candidate should ride with confidence and control on the flat and over fences, demonstrating a secure balanced position and progress toward an independent seat and coordinated use of aids; should initiate free forward movement while developing a steady light feel of mount's mouth.

Riding on the Flat

Ride on the flat using Riding Test Expectations

Date/Initials

Demonstrate emergency dismount at trot or canter

_____/_____

Demonstrate warm-up for flat work

_____/_____

Discuss warm-up schedule for three different activities of candidate's choice

_____/_____

Perform suppling exercises for the pony at the walk and trot to include large circles, small circles, and serpentines

_____/_____

Ride at the walk, trot, and canter changing directions twice in each gait using coordinated aids, maintaining even rhythm and smooth transitions

_____/_____

Discuss performance with Examiner, including evenness of rhythm & smoothness of transitions

_____/_____

Halt squarely and stand quietly for 5 seconds

_____/_____

Ride without stirrups at all gaits.

_____/_____

Develop a hand gallop from a canter and return to canter smoothly (performed individually)

_____/_____

Demonstrate aids for moving mount away from leg (sideways) at walk

_____/_____

Riding over Fences

Ride over fences using riding Test Expectations

Discuss reasons for adjusting stirrups for different types of work

_____/_____

Perform simple gymnastic exercises for rider over grid at trot or canter

_____/____

Develop a plan of how to ride a stadium course, at height suitable for mount, not to exceed 3'-0"

_____/____

Ride course according to plan

_____/____

Discuss performance with Examiner including impulsion maintained throughout the course

_____/____

Riding in the Open

Ride in a group at the walk, trot and canter on a suitable mount

_____/____

Discuss and/or demonstrate riding safety measures when riding over varied footing, i.e. -water, mud, rocks, ice, bog hard ground, sand, pavement

_____/____

Ride over several cross-country obstacles, not to exceed 3'-0" at appropriate speed (350-375mpm)

_____/____

Discuss performance with Examiner giving reasons for any disobedience

_____/____

HORSE MANAGEMENT EXPECTATIONS: The candidate should show a solid awareness of cause and effect in horse management skills. Assistance / supervision is allowed in the demonstrations of bandaging, longeing and loading a pony

Turn Out / Tack

Attire to be correctly formal or informal attire as designated by the DC

_____/____

Mount to show through grooming with attention to mane and tail reflecting regular care

_____/____

Tack to be safe, clean, with metal polished and well adjusted - reflecting regular care

_____/____

Explain reasons for equipment used on own pony for flat work and over fences

_____/____

Conditioning

Present a written outline of a 6-8 week conditioning and feeding program in preparation for a specific competition of candidate's choice

_____ / _____

Measure and record pulse, temperature and respiration of your mount at rest in front of Examiner

_____ / _____

Nutrition

Describe your mount's ration when developing fitness, maintaining fitness, taking the day off, sick or roughed out

_____ / _____

Stable Management

Describe how to care for a mount efficiently and economically when:

Stabled:

Feed and water schedule, minerals needed, clothing, exercise and grooming

_____ / _____

At Grass:

Safety check of pasture fencing, water, mineral supply, shelter, feed and grooming

_____ / _____

Discuss knowledge of safety measures, preparation and care of mount and equipment on a day of strenuous work - including feeding schedule, consideration of pony's condition, consideration of climate and terrain, cooling out, treatment of any injuries and making pony comfortable

_____ / _____

Discuss pasture safety and fencing

_____ / _____

Name 3 toxic plants in area and describe appearance

_____ / _____

Pony Parts / Conformation & Lameness

Name 5 basic conformation qualities you want in a mount for your own use

_____ / _____

Name and locate on a pony the following unsoundnesses: ringbone, curb, bowed tendons, sidebone, spavin, navicular, splint, thoroughpin and sprains

_____ / _____

Travel Safety

Be prepared to load and unload, with assistance, an experienced cooperative mount _____ / _____

Record Book

Record Book (health, maintenance, immunizations) must be kept up to date and brought to test. Must have records for at least 9 months of records prior to test. Records should reflect appropriate depth of knowledge for this level _____ / _____

Health Care & Veterinary Knowledge

List annual immunizations and health requirements appropriate for your area _____ / _____

List prevalent internal parasites in your area _____ / _____

Describe how tetanus and strangles are transmitted _____ / _____

Describe routine parasite prevention for your mount _____ / _____

Explain the need for regular care of teeth

Teaching

Assist a D-1 and / or D-2 to prepare for turnout _____ / _____

Candidate MUST bring a letter from DC that they are assisting in simple unmounted instructional programs for the D-level Pony Club members with Supervision _____ / _____

Longeing

Longe own mount for exercise in an enclosed are with assistance _____ / _____

Discuss methods, equipment and safety precautions for longeing _____ / _____

Foot & Shoeing

Recognize and describe good and bad shoeing

_____/____

Bandaging

Apply a shipping and stable bandage, under supervision, and give reasons for use

_____/____