

C3 - Test Prep - Check-off Sheet

When you complete one of the steps below, have an instructor or clinician date and initial it.

RIDING TEST EXPECTATIONS: Candidate should maintain a basic balanced position that is developed through an independent seat, and is demonstrated by the coordinated use of aids on the flat, over fences and in the open. The candidate should initiate and maintain free forward movement with smooth transitions and a steady, light feel of the mount's mouth. The candidate should show confidence and control at all gaits on the flat, over fences and in the open.

Riding on the Flat

Date/Initials

Ride on flat using Riding Test Expectations

Demonstrate warm-up for flat work.

_____/_____

Ride schooling figures to include circles, half-circles and straight lines at each gait

_____/_____

Discuss performance with Examiner, including accuracy of transitions and whether or not mount maintained forward motion and was correctly bent on circles

_____/_____

Discuss difference between increase of speed and lengthening of stride

_____/_____

Demonstrate ability to ride different mount, initiating free, forward movement at each gait - showing confidence and control

_____/_____

Discuss performance with Examiner, including ways in which the mount was different from own mount

_____/_____

Demonstrate: moving mount away from leg at walk or trot in sideways movement; knowledge of aids for reinback; increase and decrease of speed at each gait

_____/_____

Riding Over Fences

Ride over fences using Riding Test Expectations

Discuss reasons for different lengths of stirrups and the affect on position for different types of work

_____/_____

Demonstrate warm-up for jumping, using exercises appropriate for mount including simple gymnastic grid on own mount

_____/_____

Evaluate exercises used, including distances in simple gymnastic grid

_____/_____

Ride over stadium fences not to exceed 3'-3". Fences to include oxers, verticals, bending lines and related distances _____ / _____

Discuss performance and ways ride could be improved, including distances of any combinations used _____ / _____

Ride without stirrups over fences or simple gymnastic grid on own mount (not to exceed 2'-6") _____ / _____

Demonstrate ability to ride a different mount over stadium fences, showing confidence and control not to exceed 2'-9" _____ / _____

Evaluate performance and how mount differs from own _____ / _____

Riding in the Open

Demonstrate knowledge of pace while riding in a galloping position. Ride at 240 mpm, developing to 350-400 mpm, using a large circle in an open field _____ / _____

Ride at a gallop in the open, alone and in a group _____ / _____

Ride over several cross-country obstacles at height and pace (350-400 mpm) appropriate to terrain, not to exceed 3'-3" _____ / _____

Discuss performance, pace and reasons for any disobediences _____ / _____

Evaluate mount's condition (i.e. vital signs) _____ / _____

HORSE MANAGEMENT EXPECTATIONS:

The candidate should be competent in the continuing care of a mount's health, safety and equipment. The candidate should know when to seek assistance if necessary. The candidate should also have the ability to explain stable and veterinary routine to D-level Pony Club members

Turn Out / Tack

Correct formal or informal attire _____ / _____

Mount should be well-groomed, reflecting regular care, including ears, nose, eyes, dock, sheath or udder, mane and tail (no dandruff) _____ / _____

Tack should be safe, clean with metal polished and well-adjusted reflecting regular care _____ / _____

Explain the use and function of equipment used on own pony for flat and over-fence work

____ / ____

Describe basic actions of snaffle, curb and pelham bits.

____ / ____

Conditioning

Know normal vital signs of own mount at rest and after work, as it relates to his/her conditioning schedule

____ / ____

Discuss different methods of conditioning for various activities

____ / ____

Nutrition

List six classes of nutrients needed by mount and primary feeds that provide them

____ / ____

For your area, know availability, cost and origin of hay and grain needed to meet nutritional requirements of own mount, stabled or at grass

____ / ____

Stable Management

Discuss safety practices, both human and equine, around barn including fire prevention, to include mounts stabled and at grass

____ / ____

Describe 3 toxic plants in your area, when most toxic, which parts are toxic and the symptoms of poisoning

____ / ____

Pony Parts, Conformation & Lameness

Discuss good and bad points of conformation of own mount to include body and legs

____ / ____

Discuss conformation faults which might be associated with the following types of movement: brushing, overreaching, forging paddling, winging and interfering

____ / ____

Know what conformation points might contribute to the following blemishes or unsoundnesses; bowed tendon, curb, ringbone, sidebone, navicular, bone spavin, bog spavin, throughpin, splint

____ / ____

Travel Safety

Discuss preparation of mount for safe, comfortable travel for short and long distances. Discuss preparation and checklist for vehicle and trailer safety

_____/_____

Record Book

Record Book must be kept up to date and brought to test

_____/_____

Must have records for at least 1 year prior to testing. Records should reflect appropriate depth of knowledge for this level and regular continued care. Records may reflect more than one horse

_____/_____

Health Care & Veterinary Knowledge

Discuss causes and signs of the following: colic, azoturia (tying-up), laminitis (founder), heaves, choking, tooth problems and skin diseases

_____/_____

Discuss symptoms and preventive measures for the following common diseases: influenza, equine encephalomyelitis, West Nile virus, rabies tetanus, strangles and rhinopneumonitis

_____/_____

Discuss how diseases are spread and what preventative measures can be taken to lessen the spread of a disease for stables and pastured mounts

_____/_____

Discuss the damage caused by the following internal parasites: bots, ascarids, strongyles, pinworms and tapeworms

_____/_____

Discuss teeth to include: concept that teeth grow continuously and baby teeth replaced by permanent; location of incisors and molars; number of teeth (male & female)

_____/_____

Teaching

Assist in teaching mounted lessons with supervision in club _____/_____

Prepare a lesson plan and present an unmounted lesson of choice from D-2 to C1 standards to D-1 to D3 Pony Club members (limit to 10 min.)

_____/_____

Longeing

Supervision is required in the testing of longeing

Demonstrate proper fit and use of equipment, including bridle or cavesson, saddle or surcingle. (Side reins are allowed if appropriate)

_____/____

Longe own mount, demonstrating safe longeing techniques and proper use of aids (voice, body position, etc.) at the walk, trot and/or canter, while initiating free forward movement and smooth transitions, making horse appropriate for for the C3 rider

_____/____

Foot and Shoeing

Discuss foot care and tyoes of shoes on own mount (if applicable) and why shoes are used

_____/____

Bandaging

Independently apply a shipping bandage and a stable bandage

_____/____

Discuss purposes and dangers involved with shipping and stable bandages

_____/____

Appropriate Horse

It is the responsibility of the candidate and his/her parent(s) or guardian to bring an appropriate horse to the testing. The conditioned mount(s) must be capable of completing the flat, longeing, and jumping phases at the heights indicated at the appropriate levels. At the C3 level, this would include a course at 3'-3". The mount(s) must also be available for change of riders for the C3 level. Embracing the USPC's commitment to safety for all horses and riders is of utmost importance. Failing to follow these guidelines may make it difficult for the candidate to meet the standard on that given day.